**WEEROONA COLLEGE BENDIGO**

PO Box 566 I BENDIGO | Victoria 3550
383 Napier Street I BENDIGO | Victoria 3550
Phone | 5443 2133

weeroona.co@edumail.vic.gov.au
www.weeroona.vic.edu.au
Absence Line | 4433 4911

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**WCB CONTACTS**

**Principal** | Leanne Preece
**Assistant Principal** | Jason Bysouth

**Student Wellbeing Team**

**Student Wellbeing Team Leader** | Julie Nicol
**Chaplain** | Carl Rusbridge

**College Nurse** | Sarah Warburton

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**WCB UPCOMING EVENTS**

**NOVEMBER**

19th – 22nd
19th
20th
23rd
24th
25th – 2nd Dec
30th

- Energy Breakthrough Maryborough
- Year 10 Exams
- Year 10 Exams
- Conveyance Allowance Apps. Close
- Year 10 Celebration Day
- Final School Council Meeting
- Year 10 Celebration Dinner
- Year 10 Transition at BSSC
- Advance Fiji Trip Depart

**DECEMBER**

4th
8th
9th
14th – 18th
18th

- Next WCB Newsletter
- Grade 6 Orientation Day
- Awards Evening, Ulumbarra Theatre
- Booklists for 2016 due in
- Activity Week
- Last Day of Term 4 - 1:30pm finish

**JANUARY**

18th
27th
28th – 29th

- Booklist Collection – WCB Gym
- College Office Opens
- Start Up Day (PM 28th & AM 29th)

**FEBRUARY**

1st

- Classes commence for Term 1

**SCHOOL TIMES**

Start 9.00am
Lunch 11.45am - 12.35pm
Recess 1.45pm - 2.05pm
Finish 3.15pm

**OFFICE HOURS**

Monday – Friday
8.15am – 4.00pm

**UNIFORM SHOP HOURS**

Tuesday 2.00pm – 5.00pm
Thursday 8.30am – 12.00pm
*EFTPOS facilities now available*

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**Weeroona College Bendigo Vision Statement**

Students at Weeroona College Bendigo are actively engaged in their learning which is personalized according to their needs and interests. Our students are independent; know what they need to learn and our teachers challenge and support them to achieve personal excellence.
FROM OUR PRINCIPAL

World Teachers Day
Every day, teachers at Weeroona College Bendigo are making a difference educating and inspiring our young people in an increasingly complex role. World Teachers’ Day is an opportunity to acknowledge our teachers and say thank you for the significant contributions they make at our school on behalf of your young people.

Celebrated in more than 100 countries world-wide, World Teachers’ Day was established by the United Nations Educational, Scientific and Cultural Organisation (UNESCO) in 1994 to recognise the role of teachers in society. World Teachers’ Day is held internationally on 5 October. As the day usually falls during school holidays, Victoria celebrates on the last Friday of October each year.

Dyslexia
Dyslexia literally means ‘trouble with words’. It is the term used to describe difficulties with spelling, writing and reading. The challenges can come in many different forms and are not limited to reversals of letters and words, a common misconception.

People with dyslexia display some of the following signs:
- Confused by letters, numbers, words, sequences, or verbal explanations.
- Reading or writing shows repetitions, additions, transpositions, omissions, substitutions, and reversals in letters, numbers and/or words.
- Complains of feeling or seeing non-existent movement while reading, writing, or copying.
- Seems to have difficulty with vision, yet eye exams don’t reveal a problem.
- Trouble learning Sight Words.
- Reads and rereads with little comprehension.
- Spells phonetically and inconsistently.
- Confusion or weakness with letter order within words.

Do you have someone in your family who has dyslexia? Graphic designer Christian Boer does and he designed a font to help improve his reading. We have purchased the font for our teachers to use at school with any students who may have this condition. You can download it for home use from http://www.dyslexiefont.com/en/support/help-private-use/

For more information on Dyslexia go to http://www.dyslexia-australia.com.au/

Always remember to inform your child’s learning advisor regarding anything that we can do to support their learning.

Orientation Day
On Tuesday 8th December, Grade 6 students who will be enrolled at WCB in 2016 as Year 7’s will be attending for Orientation Day. Students currently in Years 8 & 9 are not required at school on this day.

Leanne Preece
Principal

FROM THE ASSISTANT PRINCIPAL

Key Dates for Year 10 Students
The following responsibilities and activities have been planned for Year 10 students to celebrate the end of their time at Weeroona College Bendigo.

The following indicates Year 10 students’ requirements:
- Thursday 19th November- Exams at BSSC (8.50am – 2.30pm)
Friday 20th November - Exams at BSSC (8.50am – 2.30pm). All students are expected to attend exams unless they provide a Medical Certificate to the College.

Monday 23rd November - Celebration Day. All Year 10 students are invited to attend. Students are reminded that they must be in full College uniform and display appropriate behaviour or be sent home.

Tuesday 24th November - Year 10 Celebration Dinner at Bendigo Pottery. Students and Parents are reminded to check the Eligibility Criteria published below to ensure they are able to purchase a ticket.

Wednesday 9th December - Awards Evening Students will receive an invitation if they are the recipient of an award. All details will be enclosed with the invitation.

Student Eligibility to Attend Celebration Dinner Guidelines - 2015
All current Year 10 students of Weeroona College Bendigo will be invited to attend the Celebration Dinner unless they fit into one (or more) of the following categories.

- Suspension: Any student who has been suspended (including in-school suspensions) throughout the year is immediately excluded from attending the Celebration Dinner.

- Lunchtime Detentions/Lunchtime Catch-up Classes: Any student who has received three or more lunchtime detentions throughout Term 4 is excluded from attending the Celebration Dinner.

- After School Detentions/After School Catch-Up Classes: Any student who has received one or more after school detentions and/or catch-up classes throughout Term 4 is excluded from attending the Celebration Dinner.

- “It’s My School Too”. Any student whose name does not appear on the ‘It’s My School Too’ board will be excluded from attending the Celebration Dinner. This may be due to a personal decision by the student to not pledge their support to the statement ‘All members of the Weeroona College Bendigo community have a right to participate in school life without being bullied or harassed.’ or that the student’s name has been removed from the board due to their behaviour not being in line with the pledge they have made.

- Attendance: Students who have an attendance less than 80% over the course of the year will be required to meet with their Learning Community Leaders to discuss/negotiate their eligibility to attend the Celebration Dinner. This decision will be at the Learning Community Leaders’ discretion.

All of the above exemptions relate to the student failing to make positive contributions to Weeroona College Bendigo either academically and/or socially.

Year 10 Exams
The exam timetable will be as follows:

Thursday 19th of November

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<tr>
<th>Morning Session 9:00am – 11:30am</th>
<th>Lunch</th>
<th>Afternoon Session 12noon – 2:30pm</th>
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<tbody>
<tr>
<td>English</td>
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<td>Science</td>
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Friday 20th of November

<table>
<thead>
<tr>
<th>Morning Session 9:00am – 11:30am</th>
<th>Lunch</th>
<th>Afternoon Session 12noon – 2:30pm</th>
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<tr>
<td>Maths</td>
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<td>Humanities</td>
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Code of Conduct:
- The College code of conduct, (except for the wearing of uniform,) applies for the exam period: students who cannot adhere to this will be removed from the examination and will complete all further exams after 3.30pm at Weeroona College.
- Students are not required to wear College uniform during the exam period, however, appropriate clothing and footwear must be worn: no singlet tops or thongs.
- Mobile phones, iPods etc are not allowed in exams, they may be stored, switched off, in your bag on the floor beside your exam desk.

Preparation:
- Complete all revision work given by your core class teachers.
- Talk to your teachers about work you don’t understand.
- Plan your own summary sheet for the exams for the subjects that allow them.
- Make sure you have pens, pencils, ruler, eraser, summary sheet, dictionary, calculator and water on the day plus it is a good idea to bring a book to read if you finish early. You cannot leave until the designated time.
- Get a good night’s sleep the night before and have a proper breakfast each morning. Also have something to eat during the lunch break.
Non-Attendance at Exams
It is a requirement for successful completion of Year 10 at Weeroona College that students attend and participate in all scheduled exams unless a medical certificate is submitted to the General Office during exam week. This condition of completion may be waived in certain circumstances at the discretion of the Principal.

Due to student commitments at BSSC for the following weeks it is not possible to hold ‘catch-up’ exams during the school day but time will be made available after 3.30pm in the week starting November 24th November if needed. Please contact Mr Bysouth at the college for further details regarding this or other exam issues.

Jason Bysouth
Assistant Principal

FROM THE GENERAL OFFICE

Conveyance Allowance
Application forms for Conveyance Allowance are available from the General Office or can be downloaded from our college website: www.weeroona.vic.edu.au. We now require a completed application form each year for each student/family. Application forms need to be returned to the General Office by Friday 20th November. Please note: those students claiming for a public bus pass also need to send in a copy of their receipt of their half yearly pass in order for their application to be approved.

If you have already made a claim this year for a yearly pass or ½ yearly pass (2nd half of the year) you do not need to complete another form.

Instagram Account
Weeroona College Bendigo now has an Instagram page. Please follow us on: weeroonacollegebendigo to keep updated with news, activities, events & excursions.

Booklist
College Booklists for 2016 will be posted out early next week. Booklists are due back by Wednesday 9th December to the General Office.

INDONESIAN BALI TRIP
In 2015, there were 8 students from a variety of the Indonesian classes who travelled overseas to Bali. The students went for 8 days (October 16 - October 23) and they stayed at 2 hotels one being Taman Harum Cottages and the other being Bumi Ayu Bungalows.

The students had lessons in cooking, woodcarving, batik painting and dance. They went and saw three traditional Balinese dances and sightseeing. The students went to the Kintamani volcano for lunch before travelling to their second hotel.

They also visited a school and had a tour around the rice farming. Most of the students and adults had said that going to the Bali safari marine park was their favourite part which was also enjoying an elephant ride around the park. Everyone was happy to be going home and getting some well needed sleep. What a successful trip!
YEAR 10 CELEBRATION DAY

Year 10 students will celebrate completing their time at Weeroona College Bendigo on Monday 23rd November. For the day they will be traveling by train to Melbourne to take part in activities organised by the SRC (Student Representative Council). They will leave at 8.45am on the train and return by 5.10pm, and will be supervised by teachers on the journey. Permission notes will be going home about this event in the coming week. Any enquiries about the day, please contact Mr Vern Hardie, Student Wellbeing Leader.

YEAR 10 CELEBRATION DINNER

The Year 10 Graduation Dinner will be held this year at Bendigo Pottery in Epsom on the Tuesday 24th November from 7-10pm. It will be Formal/Semi formal dress and will include a DJ, Photo booth and a three course meal. The cost for this night will be $50 which must be paid at the Office by Monday 16th November. Any enquiries about this event, please contact Mr Vern Hardie, Student Wellbeing Leader.

MUSIC

Music Count Us In

Thursday 29th October was a beautiful celebration of Music in our schools.

Over 600,000 students took part nationwide to sing and perform a song called “Gold” at 12:30pm. This was a song composed by students and recorded and promoted by Marcia Hines.

Weeroona Voices joined our College band, guitarists and the String Ensemble for this event. We rehearsed and then together performed in the gardens outside the Bendigo Library.

It was really wonderful to see so many young students enjoying their music.

Therese Johnston
School Music Coordinator

FROM THE SCHOOL NURSE

Mental Health Week

Thank you to everyone who was involved in Mental Health Week. We had a week of events such as Odd Sock Day, Ice Cream Social Van, Mental Health Treasure Hunt, daily student and staff Mental Health Pack winners as well as music and face painting!

Congratulations to the following 4 students for winning a $25.00 JB HiFi gift voucher each for their involvement in the Mental Health Week Treasure Week:

Pier Green - Hein K7A
Annie Hartney M9A
Harvey Chang M9A
Connor Murphy K8A

Check out Page 7 for photos from the week.

Movember

This year during the month of November, 27 staff members at Weeroona College Bendigo will be raising funds for Movember.

The Movember Foundation is a global charity committed to men living happier, healthier, longer lives. Since 2003, millions have joined the men’s health movement, raising $685 million and funding over 1,000 programs focusing on prostate cancer, testicular cancer, poor mental health and physical inactivity.

Some staff are growing and grooming a moustache for the 30 days of Movember others are moving and doing any sort of physical activity for 30 minutes for the 30 days of Movember!! It’s a great alternative as both men and women can join the challenge.

Please feel free to donate to our wonderful cause via this link: http://moteam.co/weeroona-college-bendigo
Once you click on this there is a Donate to Team section on the right hand side. We don’t mind if its $5.00, anything counts.

Stay tuned for further pictures and updates on our team fundraising – we hope to have a bit of fun!

FROM THE WELLBEING TEAM

Exams are a hassle!
We’re saying it because it’s true. No one likes doing them, and cramming information into your brain over a short period of time is stressful. A bit of stress can get you going, but too much can make you exhausted, angry and annoyed. There are a whole bunch of things you can do to help you get through exams the best way you can.

Take the Pressure Off
Deal with pressure and expectations by realistically assessing how you think you'll go, and working to do the best you can. If other people’s expectations are pressuring you, talk to them and try to get them to back off. If you’re putting too much pressure on yourself, try to realise failure isn’t fatal and sometimes it can even be necessary to learn for next time and move forward.

Do it Together
There are other people studying for the same exam, and they probably don't like having to lock themselves away to study any more than you do. Get together with them and take the books outside from time to time. If you're not as strong in certain areas, it could help to talk to other students as well. If you are good at it, share the brain-wealth.

Go easy on the substances
All of them – caffeine, cigarettes, coffee, no-doz, energy drinks, alcohol, marijuana, Ritalin, Dexamphetamine and any other drugs. Any drug you think will help you study is actually a short-term fix that'll probably make you feel much worse and cause you to underperform later.

Get enough sleep, eat good food, and keep moving
It's really important you look after your physical health when studying for exams. Make sure you're stopping to eat regular meals and try to set aside 30 minutes a day to do some exercise, even if it's just going for a walk. Having enough sleep is also really important.

See the big picture
Make sure you don't pin all your hopes on one outcome. Have a few options, and realise that if your heart's set on one thing there are always going to be other paths to it. Sometimes you need to take a step back and realise that your life is not defined by the score you achieve on an exam paper.

If you're still finding things tough, ask for help. It's your teacher's job to help you understand the subject, so if you're not understanding stuff, tell them and they should be able to help. If it is all gets too much come and have a chat to Julie, Carl or Sarah in the Student Wellbeing Team 😊.

Sarah Warburton
School Nurse

WEEROONA COLLEGE WELLBEING TEAM AT WHITE HILLS PRIMARY SCHOOL

On Monday 2nd November, the Year 9 Wellbeing team facilitated a range of Wellbeing workshops for the Grade 6 students at White Hills Primary School. They used games, activities and discussions to engage the students and present their workshop sessions on topics such as Healthy Living, Communication, Trust, Friendships, Healthy Food and Transition to High School.

White Hills PS students thoroughly enjoyed the opportunity to learn from the older students and spend a day talking about how to ways to improve their wellbeing.
**SPORT**

**Loddon Mallee Athletics Finals**
On Thursday 8th October, the Loddon Mallee Athletics Finals took place at the Latrobe Regional Athletics Complex in Bendigo. WCB produced excellent results throughout the course of the day. Well done to all competitors.

Results from the day were:
Abby Hromenko – 1st 13 Year Girls High Jump and 1st 80 metre Hurdles
Daniel Mathers – 2nd 15 Year Boys Hurdles
Gabby Rusbridge – 1st 15 Year 400mtr and 1st 15 Year Girls 800m
Maddison Hooke – 2nd 15 Year Girls 1500m
Brayden McHeyzer-Bacchin – 4th 13 Year Boys
Brooke Tecklenburg – 4th 14 Year Girls Triple Jump
Hannah Creely – 1st 15 Year Girls 90m Hurdles
Adam Dwyer – 2nd 16 Year 100m, 2nd 16 Year 200m, 2nd 16 Year Long Jump and 4th 16 Year Triple Jump
Jake Hilson – 1st 16 Year 400m
Braden Torpey – 2nd 16 Year High Jump

**SSV State Titles**
Congratulations to all competitors who represented the college at the SSV State Titles. Special recognition to Jake Hilson who was victorious in the 400 metre 16 year boys event. A sensational effort. Well done.

**Congratulations to Lewis Dunne, W7B**
Congratulations to Lewis Dunne who has gained selection in the Australian Futsal team for his age group. Lewis played excellent futsal in the school based competition and has consequently gained selection after strong performances in the State championships held in Brisbane.

Lewis will represent Australia in a competition to played next April in the United Kingdom. Well done Lewis. A fantastic achievement.
MENTAL HEALTH WEEK
WEEROONA COLLEGE
UNIFORM SHOP

NORMAL TRADING HOURS
TUESDAY 2.00PM – 5.00PM
THURSDAY 8.30AM – 12.00PM

For personal fitting appointments outside of shop hours please contact
Janice at the uniform shop on 5444-0879 or email wcb@dobsons.com.au
Alternatively, shop online at www.dobsons.com.au

Extended Trading Hours
DECEMBER 2015

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JANUARY 2016

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<td>AUSTRALIA DAY HOLIDAY - CLOSED</td>
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As of Monday 1/2/2016 the School Shop hours will resume as normal.
Bendigo Bank

SPIRIT

VS

SEQ STARS

7PM SATURDAY 7TH OF NOVEMBER

ALL CHILDREN WHO ATTEND IN THEIR BBA CLUB
SINGLET WILL GET IN FREE!
FREE Information Sessions for YOU and YOUR CARER on the
Benefits and Services you will be entitled to with the NDIS

Interchange Loddon-Mallee Region Inc.
NDIS registered and ready

These FREE, interactive, fun and informative sessions will allow you to learn more about the National Disability Insurance Scheme (NDIS) and what it means FOR YOU.

Industry Expert in NDIS and Disability Services, Roland Naufal, will deliver a presentation, answer your questions and workshop your ideas and individual needs in smaller groups.

Wednesday 2 December 2015

1.00pm – 3.00pm
or
6.00pm – 8.00pm

Bendigo Bank Theatre
Capital Theatre
View Street, Bendigo

Please book your place at one of the two session times:

Phone 03 5441 1599
Email info@interchangelm.org.au
Frequently Asked Questions

What is the aim of the NDIS information sessions?
Interchange Loddon-Mallee Region (LMR) aims to provide information about the National Disability Insurance Scheme (NDIS) to people with disability and their families/carers.

What information will I learn at the session?
The session will provide information about eligibility, funding available to you, details about how your supports might look under the NDIS, tools and resources and planning advice to start your journey towards the NDIS.

Those who attend will also benefit from the question time allowing people with disabilities and/or their families and carers to have their questions answered in simple, easy to understand terms.

Following question time, participants will then move into smaller groups where other important topics will be discussed, goals and services may be identified and notes taken to help Interchange LMR to tailor its services to meet YOUR future needs.

I’ve already been to workshops/sessions about the NDIS, why should I go to this one?
Information is always being updated about the NDIS. It has recently been announced that the NDIS rollout will start in Victoria on 1st July 2016. By attending this session and future sessions being presented by Interchange LMR, you will have the most up to date information that is available regarding the NDIS.

Our presenter Roland Naufal is an Industry Leader in NDIS and Disability Services and the small group workshops that are incorporated into the session can also help identify the goals and aspirations of you, your family member or the person with a disability that you care for. This information will be helpful when the time comes to meet with your NDIS planner.

I have heard about ‘self-direction’. Will this workshop help me to better understand this?
Interchange LMR has been providing services for people and families who ‘self-direct’ their funds for more than 20 years. Interchange staff along with Industry Leader, Roland Naufal will be able to explain the ways that you can self-direct your support during the information session.

Do I need to bring anything along to the session?
You will not need to bring anything along to the session. Interchange LMR will provide a pen and note paper, and a resource kit to take away at the end of the session.

What other support is available?
In addition to the resource kit that will be provided at the end of the information session, you are welcome to discuss any of the topics further by contacting Jen Wilson at Interchange LMR on 03 5441 1599 or emailing jen.wilson@interchangelm.org.au.

Interchange Loddon-Mallee Region
127 Mitchell Street, Bendigo
www.interchangelm.org.au