Weeroona College Bendigo Vision Statement

Students at Weeroona College Bendigo are actively engaged in their learning which is personalized according to their needs and interests. Our students are independent; know what they need to learn and our teachers challenge and support them to achieve personal excellence.
FROM OUR PRINCIPAL

Weeroona College Bendigo students excel at conference presentation

Earlier this year, Parents Victoria President and past parent of our College, Elaine Crowe asked me if I would be prepared to speak at their “What's Great in the Education State” 2016 Annual Conference in Melbourne about our Science, Technology, Engineering and Maths (STEM) program which she had heard about. I considered this for a few days and decided that I would accept the invitation as long as I could include some of our year seven and eight students to be a part of the presentation. Having enlisted the support of our STEM leader, Ms Sarah Trew, she and the other STEM teachers identified seven students who were offered this opportunity. Not only did they all accept the challenge, they took it upon themselves to prepare the entire presentation. Yesterday, Kiera Stone, Bree Veale, Tom Moore, Dakota Heidemann-Walden, Pier Green – Hein, Krystale Mannion and Meagan Moore gave a very polished and engaging presentation on the STEM program at our College and they are to be congratulated for their leadership and public speaking skills. Well done to each and everyone one you. Thank you to Ms Trew and Ms Brunker who accompanied the group. Congratulations also to Parents Victoria who celebrated 90 years as an organisation, championing state education.

FROM OUR ASSISTANT PRINCIPAL

Key Dates for Year 10 Students for Term 4

The following responsibilities and activities have been planned for Year 10 students to celebrate the end of their time at Weeroona College Bendigo.

The following indicates Year 10 students’ requirements:

Thursday 17th November - Exams at BSSC (8.50am – 2.30pm)

Friday 18th November - Exams at BSSC (8.50am – 2.30pm)
All students are expected to attend unless they provide a Medical Certificate to the College.

Monday 21st November - Celebration Day.
All Year 10 students are invited to attend. Students are reminded that they must adhere to our college values or risk being sent home.

Tuesday 22nd November - Year 10 Celebration Dinner at Bendigo Pottery
Students and parents are reminded to check the Eligibility Criteria published below to ensure they are able to purchase a ticket.

Wednesday 7th December - Awards Evening
Students will receive an invitation via mail if they are the recipient of an award. Details will be posted with the invitation.

Student Eligibility to Attend Celebration Dinner Guidelines - 2016

To be eligible to attend the Year 10 Formal Dinner, students must meet at least 3 of the 4 criteria.

- 90% attendance for the school year.
- Submission of all work.
- No more than 5 chronicle entries in the 10 weeks prior to the dinner.
- Any student who has been suspended (including in-school suspensions) throughout the year may be excluded.

Extenuating circumstances will be taken into consideration, eg: long term illness.
If a student is close to meeting the criteria their case will be formally discussed and reviewed by the community leaders, at which point they will be either denied the opportunity to attend or given a chance to justify why they should be allowed to attend. Their justification will be a 400 word essay that demonstrates their contribution to the College values during their time at Weeroona College Bendigo.

Jason Bysouth
Assistant Principal
SPORT

School Sport Victoria Lawn Bowls State Finals
Good luck to Jack Lake, Jarrett Miles and Jack Burke who will represent Weeroona College in the School Sport Victoria State Finals to be held at the Derebin Lawn Bowls Cub, Thornbury. Good Luck boys.

Loddon Mallee Athletics Carnival
The Loddon Mallee Track and Field Championships took place at the Bendigo Regional Athletics Complex on Thursday 6th October. Weeroona were well represented at this event. Daniel Mathers ran well in the 110 metres hurdles with Gabby Rusbridge narrowly finishing second in the 16 Girls 400 metres and 800 metres.

Abbey Hromenko was successful in winning the 13 girls 90 Metre Hurdles and High Jump. Jess Saffron won the 16 girls Long Jump with Maddy Hooke also victorious in the 16 Girls 1500 metres.

All winners will now represent Weeroona College Bendigo at the School Sport Victoria State Titles at the State Athletics complex located in Albert Park, Melbourne. Well done to all competitors who represented the college and good like to those advancing to the State Finals.

FROM THE WELLBEING TEAM

Uniform Donations
We are nearly at the time of the year that we will say goodbye to our Year 10 Students who will continue their educational journey and transition to Bendigo Senior Secondary College. Student Wellbeing will kindly accept any uniform from families that will no longer be required.

If you are able to donate any uniform item’s please place items in a plastic bag and leave at the front office.

Exams
Exams are pretty much always stressful. But it’s completely possible to manage some of the stress that’s brought on by exams if you use different strategies. If there’s stuff you’re not strong on, or you’re really stressed out, there are people who can help you.

This will be useful if:
• You have to do exams
• Exams stress you out
• You have trouble planning or concentrating on study
• You need help with some stuff you’re studying
• You need help planning your time

Exams are Stressful
We’re saying it because it’s true. No one likes doing them, and cramming information into your brain over a short period of time is stressful. A bit of stress can get you going, but too much can make you exhausted, angry and annoyed.

Tackling exams
There are a whole bunch of things you can do to help you get through exams the best way you can.
• Manage your stress. You’ll be less stressed if you’ve got an idea of how the lead-up to your exams is going to look, so plan what you’re going to study and when, and stick it up on the wall, or on your desktop. Break it down into manageable chunks and start...
working through it at the rate you planned. It's probably more boring at the start, but it's far less stressful. Plan some break times and days off too!

• Take the pressure off. Deal with pressure and expectations by realistically assessing how you think you'll go, and working to do the best you can. If other people's expectations are pressuring you, talk to them and try to get them to back off. If you're putting too much pressure on yourself, try to realise failure isn't fatal. It's likely that the worst that can happen is that you take it again, with a massive head-start from the work you've already done.

• Do it together. There are other people studying for the same exam, and they probably don't like having to lock themselves away to study any more than you do. Get together with them and take the books outside from time to time. If you're not as strong in certain areas, it could help to talk to other students as well. If you are good at it, share the brain-wealth.

• Go easy on the substances. All of them – caffeine, cigarettes, coffee etc. Any drug you think will help you study is actually a short-term fix that'll probably make you feel much worse and cause you to underperform later.

• Get enough sleep, eat good food, and keep moving. It's really important you look after your physical health when studying for exams. Make sure you're stopping to eat regular meals and try to set aside 30 minutes a day to do some exercise, even if it's just going for a walk. Having enough sleep is also really important, so check out our fact sheet, 'Getting into a sleeping routine' for some tips.

• Have options. Make sure you don't pin all your hopes on one outcome. Have a few options, and realise that if your heart's set on one thing there are always going to be other paths to it.

Julie Nicol
Student Wellbeing
Dobsons Buy Early & Save

Dobsons annual buy early sale begins on the 1st of October 2016

Purchase your uniform before the 30th of October 2016 for significant savings on your uniform.

Please call the Uniform Shop to book your personalised 20 minute appointment.

The benefits of making an appointment are:
1. Personalised service - we look after you and your child exclusively.
2. Garments may be exchanged if necessary.
3. Avoid the back to school rush.
4. No wait time.
5. Appointment time fits into your schedule.
6. Reduced uniform prices.

Returns and Exchanges:
Dobsons accept exchanges and returns for current uniform which are unworn, unwashed and swing tags attached with an accompanying receipt.

Normal Trading Hours:
Tuesday  2.00pm – 5.00pm
Thursday  8.30am – 12.00pm

Contact:
Janice
5444-0879
wcb@dobsons.com.au
Dear Napier Street User,

VicRoads recognises that community participation throughout the life of the Napier Street project is critical input to develop effective solutions for this important upgrade. In this regard VicRoads has established a Community Consultation Group (CCG) which consists of representation from the following groups:

- Residents
- Local businesses
- Schools
- Cyclists
- Victoria Police
- City of Greater Bendigo
- Public Transport Victoria

The CCG will continue to play an important role in helping guide the development of a solution that best meets the needs of traffic operations and community aspirations for Napier Street.

VicRoads received a number of Expressions of Interest and has chosen 10 CCG members to represent a diverse sector of the Napier Street Community. The CCG group has been formed and 5 CCG meetings have been scheduled for 26 September 2016, 3 October 2016, 17 October 2016, 31 October 2016 and 14 November 2016.
If you are interested to know more about the CCG meeting or want to express any of your ideas please contact your group representative. The following list provides contact details of CCG members.

<table>
<thead>
<tr>
<th>Name</th>
<th>Group Representation</th>
<th>Contact Number</th>
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<tbody>
<tr>
<td>David Richardson</td>
<td>Independent Chair</td>
<td>(03) 5434-5079</td>
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<td></td>
<td></td>
<td>Contract through VicRoads</td>
</tr>
<tr>
<td>Leanne Preece</td>
<td>Education, Weeroona college Bendigo</td>
<td>0428-794-223</td>
</tr>
<tr>
<td>Paul Wilkinson</td>
<td>Education, Holy Rosary Primary School</td>
<td>(03) 5448-4280</td>
</tr>
<tr>
<td>Raelene Baker</td>
<td>Business Owner</td>
<td>0438-344-198</td>
</tr>
<tr>
<td>Karen Richardson</td>
<td>Business Owner</td>
<td>(03) 5442-3212</td>
</tr>
<tr>
<td>Damian Ellis</td>
<td>Resident</td>
<td>0408-125-602</td>
</tr>
<tr>
<td>Mark Thompson</td>
<td>Resident</td>
<td>0407-519-517</td>
</tr>
<tr>
<td>Edward (Eddie) Barkla</td>
<td>Cycling and Community Member</td>
<td>0407-840-245</td>
</tr>
<tr>
<td>Chris Corr</td>
<td>Cycling and Sustainability</td>
<td>0427-148-270</td>
</tr>
<tr>
<td>Noel Boyd</td>
<td>Resident</td>
<td>0408-574-688</td>
</tr>
<tr>
<td>Grace Robinette</td>
<td>Resident</td>
<td>0475-086-717</td>
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VicRoads look forward to hearing your ideas or input.

For further updates please visit [www.vicroads.vic.gov.au](http://www.vicroads.vic.gov.au)

Mal Kersting
Regional Director Northern Victoria
Bendigo Bank Spirit vs Dandenong Rangers
Tip Off @ 7.00PM Saturday 15th of October
Tickets available online @ www.trybooking.com/MARB
Game day proudly supported by

Benefiting the health and wellbeing of our Bendigo school children

Phone (03) 5446 9202   www.mckern.net.au

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BDAC
BENDIGO & DISTRICT
ABORIGINAL CO-OPERATIVE

YOUTH
BBQ

9A High Street
Eaglehawk
4:00pm until 6:00pm

27TH OCTOBER

Come along and share your thoughts

RSVP: David (03) 5442 4947
david.williams@bdac.com.au